

# CAMP JORDAN RESIDENT CAMP PARENT HANDBOOK 2009

## TO CONTACT US

The Camp Jordan Office is located at the Bangor Y prior to June 1<sup>st</sup>. Brochures, sessions, registration, payments, scholarships, availability of space, & other transactions will be taken care of for you at the Bangor Y! If you have questions regarding your camper or an upcoming session after JUNE 1<sup>st</sup>, please contact us at our summer address.

Contact Information: Please mail all forms and payments to this address:

Attn: Maria Robshaw  
Bangor Y  
127 Hammond Street  
Bangor, ME 04401  
Tel. (207) 941-2815  
Fax (207) 941-2819  
E-mail: [mrobshaw@bangory.org](mailto:mrobshaw@bangory.org)  
Web Site: [www.campjordan.org](http://www.campjordan.org)

After June 1<sup>st</sup> :

Camp Jordan Address:  
Camp Jordan  
101 Camp Jordan Way  
Ellsworth, ME 04605  
Tel. (207) 667-8708  
Fax (207) 667-5018

## SESSION DATES

### Resident Camp

- |                  |                        |
|------------------|------------------------|
| (1) July 5 - 11  | (2) July 12 - July 18  |
| (3) July 19 - 25 | (4) July 26 - August 1 |
| (5) August 2 - 8 |                        |

Leaders School (June 21 - 27)  
Leaders School (Aug 9 - 16)

### CIT

- Session (1) July 5 - July 18  
Session (2) July 19 - August 1

### LIT

- Session (1) July 12 - July 25  
Session (2) July 26 - August 8

## **Statements and Billing Information**

Please check the enclosed statement and registration confirmation. They show which program(s) your child is registered for, the amount paid and the balance due. This will be your only invoice. → **Payment is due by May 1<sup>st</sup>, 2009 ! Anyone registering after this date must pay in full at time of registration.**

## REFUNDS

Last minute cancellations represent a financial loss for the camp. If we receive a written request to withdraw from camp before May 1<sup>st</sup>, 2009, your deposit will be kept but any other amounts paid will be refunded. If notified after May 1<sup>st</sup>, 2009 no refunds will be given and if you have not already paid for camp, you will be required to do so. The only exceptions made will be for documented medical emergencies and must be approved by Jim Bentley, Camp Director. Also, campers asked to leave during the camp season for an infraction of the rules are not entitled to a refund.

## PHYSICAL EXAMS

All campers must undergo a complete physical exam within the past 24 months. On the years you do not receive a physical you are required to take this form to your doctor and have him fill in the date examined, any medical changes and sign the bottom of the form in the appropriate space. We no longer accept medical forms from previous years! Please use the form provided with this Handbook

## **\*\*New Health Form Policy\*\***

**Any camper who is required to have self administered emergency medication: i.e. asthma inhalers, epinephrine pens (epi pen) must have a signature from both a parent/guardian AND primary health provider. Please see the back of the Health Forms included in this packet.**

## HEALTH SERVICES

Camp Jordan employs a full-time Health Officer. Staff members are trained in First Aid and CPR. Parents will be notified if their camper is admitted for overnight care to our infirmary or the hospital.

## DIRECTIONS TO CAMP JORDAN

### **FROM BANGOR:**

Take the 395 exit off Interstate 95 and head east on Route 1A toward Ellsworth and Bar Harbor. Travel about 15 miles on Route 1A and watch for a Camp Jordan sign on your right. Turn right onto Winkumpaugh Road and continue for about six-tenths of a mile. Turn left at the Camp Jordan sign on Hansons Landing Rd. Travel approximately six-tenths of a mile until you see our sign on the right. Turn into the driveway and proceed to the parking lot. Please, no vehicles beyond the parking lot.

### **FROM ELLSWORTH:**

Take Route 1A toward Bangor for 10.2 miles from the intersection of Route 1 and 1A in Ellsworth. Watch for a Camp Jordan sign on your right. Turn left onto Winkumpaugh Road and continue for about six-tenths of a mile. Turn left at the Camp Jordan sign on Hansons Landing Rd. Travel approximately six-tenths of a mile until you see our sign on the right. Turn into the driveway and proceed to the parking lot. Please, no vehicles beyond the parking lot!

## OPENING DAY (SUNDAY)

Upon arrival at Camp Jordan, staff members in the parking lot will meet you! They will show you where to park and give you directions to the registration table.

### **IF YOU'RE LAST NAME BEGINS WITH:**

**A - M Arrive 2:00 – 2:30 PM**

**N - Z Arrive 2:30—3:00 PM**

**No Arrivals before 2:00 p.m.  
No exceptions.**

## CABIN ASSIGNMENTS

Campers are assigned to cabins by age. Your camper may request to be in the same cabin with a friend if they are the same age. We believe making new friends is an important part of the camp experience. As a result, only two cabin mate requests per camper will be honored. This does not guarantee they will be together. Cabins are assigned by age to allow the whole cabin to participate in certain activities. This allows us to tailor activities to specific age groups.

## CABIN COUNSELORS

Our staff members are selected to be positive role models for your camper. They are the keys to a successful summer, and we are committed to providing the best staff possible. We recruit from across the USA and from many foreign countries. College students and professionals are carefully selected for their skills, maturity, and love of children. Many of our counselors are returning members of the Camp Jordan family. All counselors receive extensive training that helps them maintain a safe and healthy environment for our campers.

## HOMESICKNESS

Instances of homesickness are not unusual, especially for new campers. Our counselors are trained to be sensitive to children's moods, to discuss these emotions with them, to keep them active and involved in the camp program, and to refer prolonged cases to the Asst. Director, Director and/or Health Officer. Parental visits and phone calls are not recommended. We ask that letters home suggesting some degree of homesickness be answered with short, supportive letters. Please feel free to share your concerns with the Director. We certainly will contact you should the condition persist or worsen.

### **Closing Day (Saturday)**

**All campers must be picked up on Saturday between 9:00 - 10:00 a.m. You can meet your camper(s) in their cabins.**

## MAIL

Letters from home are the most welcome form of communication. Everyone loves mail! Please write cheerful, newsy letters that will reinforce the positive experience your child is having. Be sure to indicate the cabin name on the letter.

## TELEPHONE CALLS

A week at camp is a short period of time. It is also a time of adjustment, often for both the parent and the camper. It is our experience that phone calls from home can be very disruptive for the camper and his/her cabin mates. Also, the Camp has only one incoming line and we must keep it available for emergency use. The director or assistant will call you if needed. Thanks for your support!

## VISITING

- We do not encourage visitors during the camper's stay, because it detracts from the camp program. We encourage campers to spend the weekends at home and return refreshed for the next week of camping fun.

## CANTEEN

Once each day, campers are treated to a soda, juice, or a candy item. **Campers do not need to bring any money to camp.**

## CAMP STORE

The camp store will be open during Sunday 's check-in and Saturday's check-out. You can purchase Camp Jordan T-shirts, sweatshirts, and other Camp Jordan memorabilia!

## OVERNIGHT CAMP OUT

Spending a night "camping out" can be important part of your camper's experience. Your child **may** spend one night camping out with the members of his/her cabin, on the camp property. They will sleep in tents or lean-tos and cook dinner over an open fire or with a portable stove.

## CAMPER-ELECTED ACTIVITIES

Campers are able to choose their activities for the week based on availability and ability. Campers pick from a wide variety of activities. Some activities choices may include;

Archery	Wilderness Survival
Metal Sculpture	Low and High Ropes
Sailing	Canoeing
Snorkeling	Street Hockey
Lacross	Comic Book Making
Ultimate Frisbee	Environmental Education
Kayaking	Camp Newspaper
Web Masters	Beat Goes On (drums)

## WATER TUBING

This is a popular class as well as a class with very limited space. Due to the limited space we require campers to meet these criteria:

- Pre-Register
- Be at least 11 years of age
- Upper level swimmer

If all spaces are full when you register you will be put on a waiting list. If a registered camper does not meet all the criteria the first person on the waiting list will be added to the class. Those who sign-up but do not get in the class will be refunded the \$35.00 fee. We request that you only participate in the water skiing class one session per summer so more campers can enjoy the class.

## DRUGS - ALCOHOL- TOBACCO -FIREWORKS WEAPONS OF ANY KIND

Camper use and or possession of illegal drugs, alcohol, tobacco, fireworks, and weapons of any kind is strictly prohibited. The use or substantiated suspicion of use or possession are grounds for immediate dismissal from camp without a refund.

## GRATUITIES

Parents are asked not to tip staff members. Words of appreciation are gratefully received. Parents wishing to demonstrate their appreciation might consider making a contribution to our scholarship fund for needy families, or speak with the Director concerning other areas of need within the camp.

## LAUNDRY

**With one-week sessions, we encourage parents to be sure your camper(s) have clean clothes to last a week and to take dirty clothes home to launder on the weekend. The laundry will be used primarily for campers who, because of living longer distances from Camp Jordan, will be at camp during some stay-over weekends and for counselors who stay the entire summer.**

## LOST AND FOUND

**PARENTS! PLEASE CHECK LOST & FOUND WHEN YOU PICK UP YOUR CAMPER (S) ON SAT. YOU AND YOUR CAMPER (S) ARE RESPONSIBLE FOR YOUR BELONGINGS.  
THANKS FOR HELPING US WITH THIS!**

**ALL CLOTHING SHOULD BE CLEARLY MARKED WITH YOUR CHILD'S NAME.**

**Camp Jordan is not responsible for lost, broken, or stolen items. Please do not pack new clothes. Camp is a place for activity outdoors and things may get dirty, stained, ripped, etc.**

**WHAT SHOULD I BRING**

Each camper should have enough clothes for one or more weeks (See section on laundry). Below is a recommended clothing list for one week of camp.

**CLOTHING**

- ◆ Socks - daily change
- ◆ Underwear - daily change
- ◆ Long pants - 2 or 3 pair
- ◆ Shorts - 2 or 3 pair
- ◆ Shirts - 5 or 6
- ◆ Sweater or sweatshirt
- ◆ Rain coat
- ◆ Sneakers
- ◆ Second pair of shoes (sneakers, hiking boots, work boots.
- ◆ Swimsuit (one piece for girls)
- ◆ Belt
- ◆ Hat
- ◆ Pajamas
- ◆ Warm Jacket

**TOILET ARTICLES/BEDDING**

- ★ Toothbrush and toothpaste
- ★ Soap and soap dish
- ★ Shampoo
- ★ Comb or brush
- ★ Washcloths - 2
- ★ Towels 2 or 3
- ★ Laundry bag
- ★ Pillow and pillow case
- ★ Sleeping bag or sheets and enough blankets for cool nights

**THEME WEEKS**

Start thinking about your costumes !

- Session 1 – **Never Never Land** ...Peter Pan, Lost Boy's
- Session 2 – **Pirate Week** ..... ARGHHH !
- Session 3 - **Super Hero's**.....Capes and boots
- Session 4 - **Wild West** .....Cowboy boots and hats
- Session 5 – **Hollywood**.....Glamour

**OTHER**

- Flashlight
- Stationery, pens & stamps
- Insect repellent (non-aerosol)
- Sunscreen

**OPTIONAL**

- \* Musical Instrument
- \* Camera
- \* Backpack or day pack
- \* Water bottle for camping
- \* Sports equipment

**WHAT NOT TO BRING AND WHY**

Camp Jordan is a place where the character values of honesty, caring, respect, and responsibility are instilled into the lives of campers. As many alumni have expressed, these experiences last a lifetime. At camp, kids need to experience life outside the of their everyday life. Things should be quieter, more reflective, and more introspective; fancy words for an atmosphere that promotes the opportunity for experiences that last a lifetime. Parents! Please help us in creating this environment.

**PLEASE DO NOT BRING:**

**CELL PHONES! GUM!**

Skate boards, roller blades, walkie talkies, TV, Radios, i pods, mp3 players, electrical devices of any kind, or any valuables. **All such items will be confiscated and returned at the end of the camper's session(s).**

*CAMP JORDAN IS NOT RESPONSIBLE FOR ANY LOST OR DAMAGED PERSONAL ITEMS.*

*PETS are not allowed at Camp Jordan under any circumstances.*

**SOME HELPFUL SUGGESTIONS:**

Heighten your child's interest by pointing out some of the exciting things you remember about your camping experiences. Be sure to be positive about how you were able to handle being away from your mom and dad.

We are very pleased that your child will be spending a little or a lot of the summer with us at beautiful Camp Jordan. Call us at the Camp Jordan Office at (207) 941-2815 year-round with any questions or concerns.