



The Bangor Y

127 Hammond Street and 17 Second Street, Bangor, ME 04401
Phone 207-941-2815 or 207-941-2808 Fax 207-941-2819 or 207-941-2812

**Climbing Gym
RELEASE OF LIABILITY & ASSUMPTION OF RISK AGREEMENT**

The Climbing Gym program of The BANGOR Y, includes a traversing wall and a belayed climbing wall. Physical activities may include lifting, jumping, falling, and/or climbing. Activities on the traversing wall are conducted at ground level, or as high as 10 feet above the ground. Activity on the climbing wall is conducted up to 20 feet above the ground. The activities in the climbing gym are strenuous and psychologically demanding and require participants to be in good physical condition. While it is impossible to guarantee absolute safety, the Bangor Y facilitators will take reasonable precautions to provide proper organization, supervision, instruction, and equipment to help minimize the risks involved with each activity. Although it is impossible to foresee all possible dangers, some specific risks the participant may encounter while using the course might include, but are not limited to, injury from slipping, falling, or jumping.

- Participant is aware and understands that participating in The Bangor Y's Climbing Gym program involves a potential risk of physical injury that may not only be from his/her own actions, inactions, or negligence, but also from the actions, inactions, or negligence of others, the condition of the environment, equipment, or areas where the event or activity is being conducted.
- Participant understands that the programs are physically demanding and potentially dangerous. Therefore, all participants must be free of medical or physical conditions, which might create undue risk to themselves or others who depend on them. If there are any questions about the participant's ability to participate, please consult with the participant's physician prior to signing this form or participating in the program.
- Participant understands that he/she is responsible for behaving in a careful and prudent manner to minimize the risk of injury to himself/herself or others.
- Participant understands that this is a voluntary program and that he/she should participate to the extent that he/she feels appropriate for his/her own condition and skill level.
- Participant will not be able to participate if under the influence of drugs or alcohol.

The participant specifically assumes any and all risks of injury, illness, damages, or losses arising out of his/her presence on or about the premises, or his/her intended use of the equipment or facilities, or his/her participation in the activities of The Bangor Y, on or about the premises, and does hereby himself/herself, his/her heirs, executors, and administrators, forever waive, release, and agree to hold free from all claims for damages, The Bangor Y and its respective officers, directors, Board of Managers, Trustees, members, employees, and agents. The participant and, if appropriate, his/her parent or legal guardian, authorizes treatment of the participant by a licensed medical doctor in the event of an emergency.

I have read this document and acknowledge and agree to be bound by its terms.

Climber's Printed Name

Climber's Signature

Address

Date

Home Telephone #

Date of Birth

Emergency Telephone #

If the participant is under the age of 18, the parent's and/or legal guardian's signature is required.

Parent/Legal Guardian's Printed Name

Parent/Legal Guardian's Signature

Date

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*The Bangor Y is a community leader in supporting children, adults and families
in their lifelong quest for physical, emotional and social wellness.*