

'CUDA CHRONICLE

JUNE 25, 2008



Coach's Corner

Hey there everyone! Hopefully everyone is now ready for summah! Everyone is out of school and ready to have a good time both in and out of the water. Last week we made our first trip to the park. I'm pretty sure that it was a very welcomed break from the water activities. We have already had two meets this summer and believe it or not, the season is just about half over! Time sure does go by faster in the summer. We still have two fairly fun meets ahead of us and MSI Summer Champs. Let's make sure that we are doing all the work we need to do and have fun doing it! It has been great to see so much participation so far this summer. There is still plenty of time for those that haven't stopped in yet to come and say hello. As always let's SWIM FAST and HAVE FUN!

ERIC

July 19th Jukebox Jam Fest Invitational

Our 2nd and final home meet of the season is scheduled for Sunday, July 19th. The Meet Sign-In is posted on the team board. The deadline for sign up is Wednesday, July 16th, at the end of practice. *Warm-up times will be given out later.* We are also planning a fun afternoon in the park and a BBQ after the meet for all swim meet participants (even from other teams!). We will need to make sure that we have volunteers for both the meet and the activities at the park. Please watch for Volunteer Sign-Up sheets to be posted on

the team board. This has the potential to be a very fun and exciting meet with a cool after party. Please support your swimmer(s) by volunteering!

USA-S Summer Registration

Swimmers who are interested in participating in the Maine Swimming Inc. USA-S Summer Long Course Combined Championship meet in St. John, New Brunswick, Canada July 25th - 28th but are not currently USA-S registered swimmers must register by no later than Wednesday, June 27th in order to be included in the team entry. Seasonal registration is available - \$30. Please see Holly if you have questions or for more information.

Westbrook Swim Your Own Age

We will be attending the Seals SYOA Meet July 12th and 13th. This meet is for USA-S swimmers only. The meet sign up sheet is posted in the pool lobby. We will need at least 10 swimmers to participate in the meet to make it a worth while venture to Westbrook. This meet is run in the same manner as the winter SYOA meet. There are entry fees (\$2.00 per event) for the meet that will need to be paid. The swimmers normally have a wicked good time at this meet and it should be very fun! Let's show those southern teams what it's like to be a Barracuda!!!

USA-S Summer LC Championships

Maine Swimming Inc.'s USA-S Summer Long Course

Combined Championship meet is scheduled for July 23rd - 26th in St. John, New Brunswick, Canada at the Canada Games Aquatic Centre. Swimmers are encouraged to participate in this 4-day long course (50 meter) event and can choose to swim 1, 2, 3, or all 4 days of the meet. There are no required qualifying times for this event. The Meet Sign-In sheet is posted on the team board. Deadline for sign up is Friday, July 10th at the end of practice. Swimmers must be registered Barracuda team members and current registered USA-S swimmers in order to be included in the team entry! This meet has entry fees that swimmers will be required to submit to Coach Eric prior to participation. Some hotel information is:

Holiday Inn Express

400 Main Street & Chesley Drive
Saint John, New Brunswick
506.642.2622 or 800.475.4656
(less than 1 mile from pool)

Hotel Courtenay Bay

350 Haymarket Square
Saint John, New Brunswick
506.657.3610 or 866.612.9700
(less than 2 miles from pool)

Comfort Inn

1155 Fairville Boulevard
Saint John, New Brunswick
506.674.1873
(less than 10 minutes from pool -
"just over the bridge")

Maine Swimming still has room blocks at the following hotel:

Delta Brunswick Hotel
39 King Street
Saint John, New Brunswick
800.268.1133

**Any Questions? Contact
Head Coach Eric Palmer at
207.941.2808 x335 or
barracudas@bangorY.org.**