

MIGHTY MITE GAME GUIDELINES AND OTHER INFO

- Everyone plays an equal amount of time by rotating in to play.
- If there are more than 8 players at any game, games will be 5 v 5. If there are 8 or less for each team 4 on 4 games will be played. This gives more ‘touching’ of the ball.
- We will play as many 4 minute segments as possible. We will play as much as the 50 minutes allows.
- There is NO halftime, just game time.
- The clock will stop every 4 minutes for substitutions.
- No foul shots will be taken and personal fouls will not be kept. **Players playing rough will be asked to take a ‘time out break’ on their bench by their coach or the referees.**
- There will be no jump balls and held balls will go to the team on defense.
- There are no time outs or halftime. No score will be kept.
- Parents must bring water in an enclosed container only. Water spills are dangerous to players and will be cleaned up by the coaches. Spills take away from game time.
- Games are educational. The coaches and staff/refs will explain violations. The refs may choose to let violations go and coach verbally while the play is going. Violations will be let go if a player understands the concept but is not executing it, as it should. Violations will be called if the player does not understand the concept. Example #1 Player is establishing a pivot foot but is dragging it. Violation would not be called. Example #2 Player is shuffling both feet never trying to establish a pivot foot. Violation would be called.
- Balls going out of bounds will go to the other team. The red line on the sidelines is out of bounds.
- Defensive players are to pick up their man beyond half court. (No full court press)
- Coaches are asked to get a line up of kids on the court quickly and match up player abilities. This limits down time and allows for more playing time.
- Players need to learn to cover their own man. (Man-to man coverage.) If players are not covering their own man and are double, triple teaming, the refs will verbalize to the players to guard their own man. If the ball is stolen or held by a defender who is not guarding their own man the whistle may be blown and given back to the offensive team. This will teach the players to guard their own man, that they can’t steal from someone else’s.

Other Important Info

- **Please arrive no earlier than 10 minutes prior to your game and please do not go into the gym until the previous game ends!!!! Please do not block the entry doors to the gym. All fire exits must not be blocked.**
- During the winter months snow that is tracked in on your footwear will track on to the court which makes it very slippery and dangerous for the kids and volunteers on the court. Please dry your feet as much as possible and please stay off the court. Please bring dry, clean sneakers for your child to change in to when you get to the gym. Delays in drying the gym floor will result in lost game time.
- There are no games Dec 25 or Jan 1 and no practices Dec 27, 28, 29.
- Pictures will be taken during practice time the week of Dec. 5. Bring your game shirt, there are no extra t-shirts! Players should try to arrive a little early so it won't waste your practice time.
- ALL GAMES ARE AT THE HAMMOND ST. GYM.

Thanks for playing at the Bangor Y,
David Hamel, Recreation Sports Director 941-2815