

2018 National YMCA Short Course Swimming Championships

Time Trial Qualifying Time Standards

With 3% adjustment

April 2018

WOMEN			EVENT	MEN		
50 Meter Course	25 Meter Course	25 Yard Course		25 Yard Course	25 Meter Course	50 Meter Course
:28.79	:28.22	:25.43	50 Free	:22.75	:25.25	:25.76
1:02.49	1:01.26	:55.19	100 Free	:49.63	:55.09	:56.19
2:15.84	2:13.18	1:59.98	200 Free	1:48.55	2:00.49	2:02.90
4:39.07	4:33.60	5:12.69	500 Free	4:50.49	4:14.17	4:19.26
9:27.62	9:16.49	10:35.99	1000Y/800MFree	9:56.29	8:41.75	8:52.18
18:06.08	17:44.78	17:47.99	1650 Free	16:42.29	16:39.28	16:59.26
1:09.37	1:08.01	1:01.27	100 Back	:55.91	1:02.06	1:03.31
2:29.25	2:26.33	2:11.82	200 Back	2:00.49	2:13.75	2:16.42
1:19.52	1:17.96	1:10.23	100 Breast	1:02.92	1:09.84	1:11.24
2:52.58	2:49.19	2:32.42	200 Breast	2:17.39	2:32.50	2:35.55
1:08.90	1:07.55	1:00.86	100 Fly	:54.78	1:00.81	1:02.02
2:33.92	2:30.90	2:15.94	200 Fly	2:02.55	2:16.04	2:18.76
2:32.28	2:29.30	2:14.50	200 IM	2:02.45	2:15.92	2:18.64
5:19.60	5:13.34	4:42.29	400 IM	4:19.99	4:48.58	4:54.36
1:09.37	1:08.01	1:01.27	100 IM	:55.91	1:02.06	1:03.31

Time trials time standards are 3% over the meet qualifying time standard for most events
 400 IM and 500 Free are 5 seconds slower than Short Course qualifying times
 1000 Free 8 seconds slower 1650 Free 15 seconds slower than Short Course Qualifying times