



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WHAT TO EXPECT WHEN YOU COME TO OUR Y FOR SWIM LESSONS

ARRIVAL

- You and your child may arrive up to 5 minutes prior to the start of class and will enter the Means Pool through the Pool Lobby door.
- Swimmers must arrive in their bathing suits as space in our locker rooms are limited due to social distancing.
- **For the safety of our staff, members, and program participants, all are asked to wear a face covering when entering our building.** Children under the age of 2 will not need to wear a face mask upon entering.
- All must wash or sanitize their hands upon entry. Hand sanitizers are available near the main doors, at each Welcome Center station, and throughout the building.
- To prevent unnecessary touching, members who use a pin number to check in are asked to download the mobile app and set up their digital card using their pin number. Instead of using the key pad, you will scan in with your digital card.
- **COVID-19 Screening:** When arriving, you will be asked health-related questions and you and your child's temperature will be taken. If it is 100.4°F or higher, you will not be allowed in the Y.

SPECTATORS

- Swim lesson participants will be **limited to a maximum of one parent/guardian spectator** at each lesson. Participants in the Swim Starters program must have a parent/guardian in the water with them; this parent/guardian counts as their one spectator at each lesson.
- Parents/guardians who are not in the water must be wearing a mask at all times.

DURING LESSONS

- **Bathrooms will be available for use in our Main Lobby as well as the bathrooms in the Boys and Girls Locker Rooms. The Boys Locker Room will only be open during swim lessons.** We ask that all participants bring a full water bottle with them to class as there is no drinking fountain available in the pool area. All Swim Starters and Swim Stroke lessons will be contact-free and abide by social distancing guidelines, except in emergency circumstances. All Swim Basics lessons will minimize contact and abide by social distancing guidelines whenever possible, except in emergency circumstances.

EQUIPMENT

- Equipment use will be limited whenever possible. Any equipment needed for class will be distributed to each participant by the instructor. At the end of class, all used equipment will be disinfected.

AFTER LESSONS

- **After your child exits the water, they must dry off so they can put their mask back on.**
- **After class, you and your child may use the locker rooms to rinse off/shower and change.** Please remember that space in the locker rooms are limited due to social distancing. **Parents/guardians must be wearing a mask while in the locker room. Children must be wearing a mask while in the locker room, unless they are rinsing off/showering.**

Questions? Email Shawn Rich, Aquatics Manager, at srich@bangorY.org.

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